

ICS XIII Aprile 1944 Soci
C. Zacchi Primary School S. Piero in Frassinio
Classes IV and V

Clil Project
Food and nutrition, a healthy lifestyle

DO YOU PRACTISE ANY SPORTS?



Teacher M.Letizia Fani

**Do you agree with the following statements?
Discuss in your class**



**Sport is very important for
your physical and mental health**



**Sport improves your stamina
(physical mental strength)**



You can loose weight doing sport



Sport makes you meet new friends



You have fun doing sports



It's not important to win but to take part.

Name the sports in the pictures. Which of them do you practise or watch on TV?



Remember that American football and football (soccer) are not the same.



They are different for the place where they are played, number of players, basic rules and equipment.

There are different types of sports:

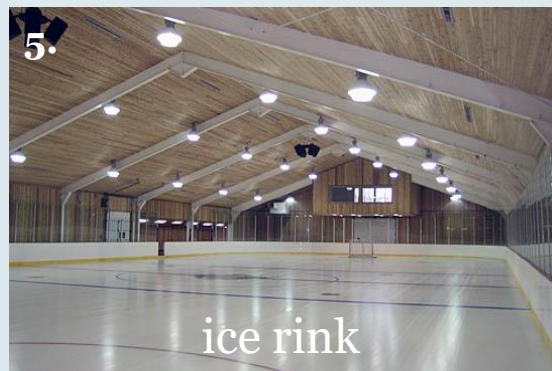
- outdoor and indoor sports
- team (collective) and individual sports
- summer and winter sports
- aquatic sports
- extreme (adrenaline) sports



**WHAT'S YOUR
FAVOURITE
SPORT?**

**My favourite
sport is...**

What sports are practised on these sports areas?



DO YOU PRACTISE ANY SPORTS?



HOW OFTEN DO YOU PLAY FOOTBALL?

Make a sentence using the frequency adverbs

No, I don't because...

Yes, I...



I sometimes **play** volleyball, tennis, football

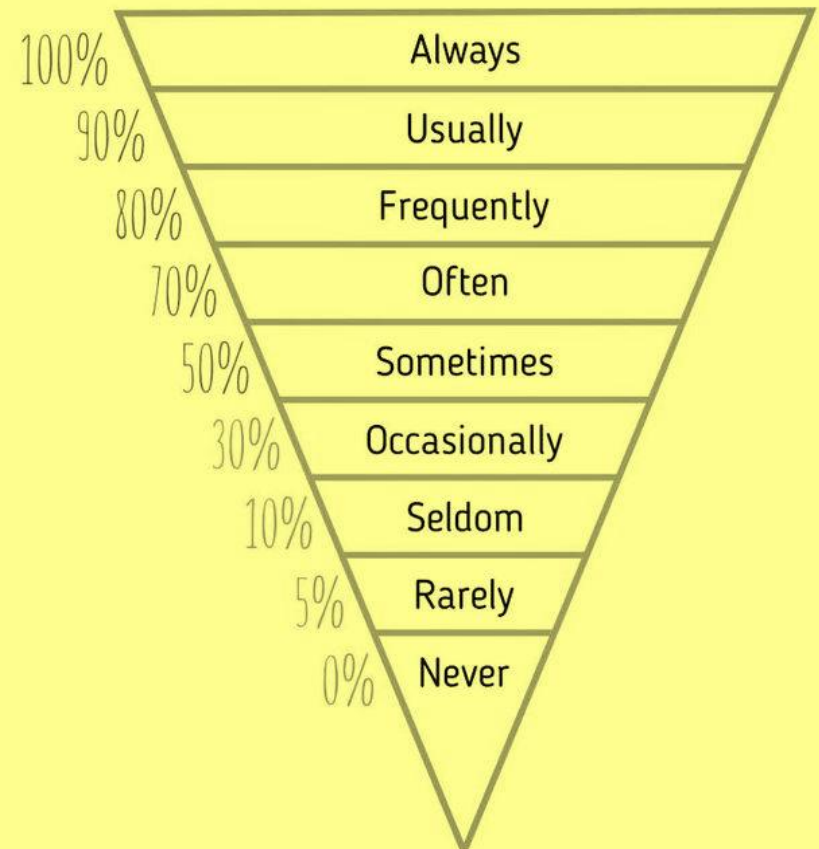
I always **do** karate, yoga, athletics, hip hop dance

I often **go** dancing, cycling, swimming, running

I sometimes **take** a walk



ADVERBS OF FREQUENCY

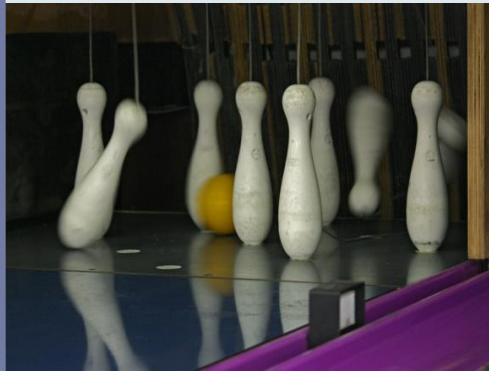


Which sports are popular among children, teenagers, middle-aged generation, women and men?

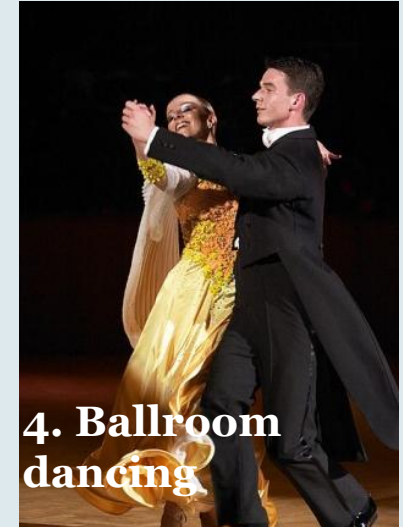
1. football



2. bowling



3. running



4. Ballroom dancing

5. dancing



6. Go to the gym workout



7. swimming

Would you like to try some of these sports...Why? Is it easy to practise them in your country?

Yes, I would like to try because...
No, I wouldn't because...



Bungee jumping,

Parachuting,

Free climbing,

Rafting



Be careful! Some sports can be very dangerous!